

In this uncertain time we want to provide teachers and parents with resources for at home learning. In this blog we will share ideas for using the resources at home with parents and for teachers to assign in their online learning environments.

## Dog Obstacle Course

This video is about a dog watching itself complete an obstacle course. It is cute and will bring several laughs as you watch it.

### **At Home Recommendations**

Before watching, ask learners what they are really good at? What is their talent? Are they actors, scientists, singers, mathematicians, artists, athletes, dancers, engineers, writers, programmers,...what? Talk about how everyone has different talents and not everyone is good at everything. Share with learners how laughing at yourself and having a good attitude is one of the most important traits a person can have. Recall family memories when you have each had a funny or embarrassing moment and laugh together.

### **Watch the Dog Obstacle Course video.**

#### **After watching**

1. Ask learners what they liked most about the video.
2. Ask what kind of obstacle course and challenges you could set up in your home space or if you have an outdoor space available. Encourage creativity with the obstacles.
3. Have your artists in the family create a trophy or award certificate to give the winner.
4. Write the directions for each station obstacle using a step by step action plan.

### **Add in a helping your family twist!**

Add in chores! Think: fold four shirts, wash 3 cups, put away three towels. If you are outside, pick up 3 pieces of trash, rake a pile of leaves together, pick up 5 sticks for the rubbish pile. Get your housework/yardwork done as a family while having fun too! If you can add in some math skills, like counting while doing the activity- even better!

If you have a shared outdoor space and create activities that others can do, email or text others in your community about your idea and let them know you will leave the challenges and directions for others to enjoy!

For more ideas check out <http://www.nancypenchev.com/at-home-learning-plans.html>  
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